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Examining the Contribution of Educational Policies to Closing the Gender Gap in STEM Fields

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Abstract

This study examines the impact of educational policy on mitigating the gender disparity in STEM (Science, Technology, Engineering, and Mathematics) disciplines. Notwithstanding global initiatives, women continue to be underrepresented in STEM professions, frequently as a result of structural obstacles, and societal conventions. This study analyzes the efficacy of targeted initiatives, including scholarships, mentorship programs, and gender-sensitive curriculum, in enhancing female engagement in STEM education, and careers. The study employs policy analysis, case studies, and interviews to discern best practices, and problems in policy implementation. The results underscore the necessity for comprehensive, inclusive approaches to establish equitable opportunities, and motivate more women to engage in STEM careers.

Keywords: - Educational Policies, Gender Gap, STEM Fields, Women in STEM, Gender Equality, STEM Education, Policy Implementation, Inclusive Strategies, Female Participation, Equity in Education.

I. INTRODUCTION

The gender disparity in STEM (Science, Technology, Engineering, and Mathematics) disciplines continues to be a substantial global issue, notwithstanding progress in education, and policy development. Historically, systemic obstacles such as gender stereotypes, societal expectations, and restricted access to resources have impeded women's involvement in STEM education, and professions. This imbalance has led to the underrepresentation of women in STEM fields, adversely affecting diversity, innovation, and economic growth.

Educational policies are essential in tackling these issues by establishing frameworks that foster gender equality and inclusivity. Programs like grants for female students, mentorship initiatives, gender-sensitive curriculum, and awareness campaigns seek to motivate and encourage women to engage in STEM disciplines. Nonetheless, the efficacy of these policies frequently fluctuates owing to variations in implementation, cultural contexts, and institutional backing.

This study aims to investigate the role of educational strategies in mitigating the gender disparity in STEM disciplines. This research seeks to analyze current policies, identify best practices, and examine their effects on female involvement in STEM education, with the goal of offering insights into initiatives that promote enhanced gender equity in STEM fields. The results will provide significant recommendations for politicians, educators, and institutions to foster more inclusive, and supportive settings for women in STEM.

II. LITERATURE REVIEW

The gender disparity in STEM professions continues to be a pervasive issue worldwide, although considerable advancements in education, and policy reforms. Multiple studies indicate that women are underrepresented in STEM fields due to structural obstacles, including social preconceptions, insufficient mentorship access, and restricted professional advancement prospects (Dasgupta & Stout, 2014). These gaps are not merely academic; they also permeate professional STEM employment, where women encounter considerable obstacles regarding progress, and retention (Ceci et al., 2014).

Educational policies are essential in overcoming these obstacles by advancing gender equality, and fostering inclusive learning environments. Initiatives including scholarships for female students, mentorship programs, and gender-sensitive curriculum are acknowledged as successful mechanisms for enhancing female participation in STEM education (Wang & Degol, 2017). These initiatives aim to mitigate the gender disparity by equipping women with essential assistance, and resources to engage in, and excel within STEM disciplines.

Investigations into the efficacy of these measures have produced inconclusive outcomes. Some studies demonstrate that initiatives like mentorship, and role model programs substantially improve female student's self-confidence, and interest in STEM (Murphy et al., 2007), while others argue that these policies frequently neglect to tackle underlying structural issues such as unconscious bias, and cultural stereotypes in educational environments (Beede et al., 2011). Furthermore, the efficacy of these policies frequently depends on the degree of institutional backing, cultural environment, and the particular structure of the programs (Cheryan et al., 2017).

A notable deficiency in the literature is the insufficient examination of how educational programs might be customized to meet the intersectionality of gender with other variables, including race, socioeconomic status, and cultural background. Women from underprivileged groups may encounter compounded obstacles, resulting in experiences in STEM education that may markedly differ from those of their counterparts (Washington & O'Neal, 2015). Consequently, programs that neglect these characteristics may be less efficacious in advancing gender equity in STEM.

Another domain that necessitates additional investigation is the enduring influence of educational policy on women's retention, and progression in STEM professions. Although considerable research emphasizes enhancing female enrollment in STEM programs, there is a paucity of investigation into the role of policy in fostering the sustained success, and career advancement of women in STEM disciplines (Schiebinger et al., 2011). Understanding these long-term outcomes is essential for developing policies that not only increase female participation but also ensure their continued success in STEM professions.

This research review emphasizes the pivotal significance of educational strategies in mitigating the gender disparity in STEM disciplines. It emphasizes the necessity for more comprehensive, and nuanced policy design that considers the intersectionality of gender, and other socioeconomic issues, along with the long-term effects on women's careers in STEM.

III. RESEARCH GAP

Notwithstanding various programs, and policies designed to bridge the gender gap in STEM disciplines, considerable gaps endure in numerous regions. Although current research emphasizes the obstacles women encounter in STEM, including societal preconceptions, and insufficient mentorship, there is a paucity of attention on the enduring efficacy of educational programs in mitigating these challenges.

Furthermore, the majority of research often assess these programs at a national or regional level, resulting in deficiencies in comprehending their adaptability across many cultural, and socioeconomic contexts. Moreover, whereas numerous programs emphasize access to STEM education, there is a paucity of studies investigating their effects on career retention, and progression for women in STEM fields.

A significant deficiency exists in the lack of a thorough examination of the intersectionality of gender with additional characteristics, including race, ethnicity, and socioeconomic background. This constrains the comprehension of how policies might be customized to tackle the distinct issues encountered by women from various origins.

This study seeks to address these inequalities by analyzing the impact of educational policies on reducing the gender gap in STEM areas, emphasizing their implementation, efficacy, and scalability in diverse situations.

IV. OBJECTIVES

- To examine the impact of educational policies on mitigating the gender disparity in STEM education, and professions.
- To assess the efficacy of targeted measures, including scholarships, mentorship programs, and gender-sensitive curriculum, in enhancing female participation in STEM disciplines.
- To investigate the obstacles, and impediments in the execution of educational initiatives designed to advance gender parity in STEM.
- To ascertain optimal practices, and successful techniques from diverse cultural, and socioeconomic situations that have effectively diminished the gender gap.
- To offer ideas for legislators, educators, and institutions to formulate, and execute inclusive policies that enhance the involvement, and retention of women in STEM fields.

V. HYPOTHESIS

- Null Hypothesis (H₀): Educational practices exert no substantial influence on diminishing the gender disparity in STEM disciplines.
- Alternative Hypothesis (H₁): Educational practices significantly influence the reduction of the gender gap in STEM areas by enhancing female participation, and retention in STEM education, and careers.
- Policy Development: This study analyzes the impact of educational policies on narrowing the gender gap in STEM, offering evidence-based insights to inform the formulation, and enhancement of policies that foster gender equality in educational and professional domains.
- Empowering Women in STEM: This project will identify successful techniques to encourage more women to enter, and remain in STEM jobs, thereby promoting a diverse, and inclusive workforce that drives innovation and economic progress.

- Informing Educators and Institutions: The study will provide actionable recommendations for educators, administrators, and institutions to develop and execute gender-sensitive curricula, mentorship programs, and other efforts that promote female participation in STEM disciplines.
- Addressing Global Challenges: The increasing global need for STEM workers necessitates that women receive equal opportunity to participate in these professions, which is essential for sustainable development, and tackling urgent global issues, like climate change, health crises, and technological progress.
- Contributing to the Academic Discourse: This research contributes to the literature on gender equality in education, specifically within the STEM field, by addressing gaps in the comprehension of the long-term efficacy of educational policies, and their effects on women from various backgrounds.

VI. METHODOLOGY

This section delineates the methodology for data collecting, and the analytical approaches employed to assess the impact of educational programs on diminishing the gender disparity in STEM disciplines.

6.1. Research Design

The research used a mixed-methods strategy, integrating qualitative, and quantitative methodologies to thoroughly assess the efficacy of educational strategies in bridging the gender gap in STEM disciplines. This form facilitates the collection of numerical data to evaluate the magnitude of policy impact, and qualitative insights to investigate the experiences, and perspectives of stakeholders.

6.2. Data Collection Process

6.2.1. Primary Data Collection

• Surveys:

Surveys will be conducted with female students, and professionals now or formerly engaged in STEM education and jobs. The survey will encompass inquiries regarding their experiences with gender-sensitive policies (e.g., scholarships, mentorship, gender-neutral curricula), their perceptions of the impact of these policies on female participation in STEM disciplines, and their career paths.

The survey will be administered online to a sample of 500 individuals, guaranteeing diversity in geographical location, socioeconomic status, and STEM discipline.

• Interviews:

Semi-structured interviews will be performed with major stakeholders, including educators, policymakers, and administrators engaged in the implementation of educational policies pertaining to STEM. The interviews will examine the design, execution, problems, and results of these policies. Between 20 and 30 interviews will be done to obtain comprehensive insights regarding the efficacy of the measures.

• Case Studies:

Case studies will be utilized to analyze particular situations in which educational strategies have been enacted to mitigate the gender disparity in STEM fields. This compilation of case studies will examine successful projects in many educational institutions or locations, sourced from both national, and international contexts.

6.2.2. Secondary Data Collection

Secondary data will be collected from current publications, studies, and literature pertaining to educational policies, and gender equality in STEM. This will encompass policy documents, scholarly articles, and prior research that offer context and background on the gender disparity in STEM, and the influence of educational policies.

6.3. Techniques of Data Analysis

Quantitative Data Analysis

- Descriptive Statistics: Descriptive statistics will summarize the demographic attributes of the survey participants, and their evaluations of policy efficacy. This will assist in identifying trends in the data, including the degree of awareness, and engagement in STEM-related initiatives.
- Inferential Statistics: The survey data will be examined utilizing inferential statistical methods, including regression analysis, and chi-square testing. These tests will ascertain the correlation between the execution of educational plans, and the heightened involvement of women in STEM education, and professions. The objective is to discern any statistically significant patterns within the data.
- Comparative Analysis: The data will be examined by comparing the experiences of participants from diverse backgrounds (e.g., geographical area, socioeconomic position) to evaluate the varying impact of policies on different groups of women.

Descriptive Statistics

Descriptive statistics will summarize, and elucidate the fundamental characteristics of the acquired data. This encompasses metrics such as frequency distributions, means, and percentages.

Characteristic	Frequency	Percentage (%)
Gender		-
Female	400	80%
Male	100	20%
Age Group		-
18-25 years	200	40%
26-35 years	150	30%
36-45 years	100	20%
46 years and above	50	10%
Region		
Urban	300	60%
Rural	200	40%
STEM Field of Study		
Engineering	150	30%
Computer Science	120	24%
Life Sciences	100	20%
Mathematics	80	16%
Other (e.g., Physics, Chemistry)	50	10%

Table 1: Demographic Characteristics of Respondents

This table delineates the fundamental demographic composition of the respondents. In this instance, 400 ladies participated, with the predominant age group being 18-25 years old. A greater proportion of responses originates from urban regions and prominent STEM disciplines, including engineering, and computer science.

Inferential Statistics

Inferential statistical techniques, including regression analysis, and chi-square testing, will be employed to examine the correlation between educational policy, and female participation in STEM. The investigation will ascertain if the implementation of particular policies has a statistically significant effect on women's participation in STEM disciplines.

a) Regression Analysis: Relationship between Policies, and Female Participation in STEM

The regression model will assess the correlation between the independent variables (gender-sensitive policies including scholarships, mentorship, and gender-neutral curricula), and the dependent variable (female participation in STEM education). A straightforward linear regression model may be employed for this analysis.

Model:

 $Y = \beta 0 + \beta 1 X 1 + \beta 2 X 2 + \beta 3 X 3 + \epsilon Y = \langle beta_0 + \langle beta_1 X_1 + \langle beta_2 X_2 + \langle beta_3 X_3 + \langle epsilon Y = \beta 0 + \beta 1 X 1 + \beta 2 X 2 + \beta 3 X 3 + \epsilon Y \rangle$

Where:

- YYY is the dependent variable (female participation in STEM).
- X1,X2,X3X_1,X_2,X_3X1,X2,X3 are the independent variables (scholarships, mentorship, gender-neutral curricula).
- $\beta 0 \ beta \ 0 \beta 0$ is the intercept.
- $\beta_{1,\beta_{2,\beta_{3}}}$ beta 1, beta 2, beta $\beta_{1,\beta_{2,\beta_{3}}}$ are the coefficients of the independent variables.
- ϵ \epsilon ϵ is the error term.

Table 2: Regression Analysis Results

Independent Variable	Coefficient (β)	Standard Error	t-value	p-value
Scholarships	0.35	0.05	7.00	< 0.001
Mentorship Programs	0.40	0.06	6.67	< 0.001
Gender-Neutral Curriculum	0.30	0.04	7.50	< 0.001
Intercept	0.20	0.03	6.67	< 0.001

The regression analysis indicates that all three independent variables - scholarships, mentorship programs, and genderneutral curricula exert a beneficial effect on female engagement in STEM. The p-values for all variables are below 0.05, signifying that these factors substantially enhance female participation.

b) Chi-Square Test: Policy Awareness by Region

A chi-square test will assess whether a significant difference exists in the awareness of gender-sensitive policies between urban and rural regions. The null hypothesis posits that awareness of policies is independent of geographic region. Null Hypothesis (H_0): There is no association between policy awareness, and region.

Alternative Hypothesis (H1): A notable correlation exists between policy awareness, and geographic region.

Table 3: Chi-Square Test Results					
Region	Aware of Policies	Not Aware of Policies	Total		
Urban	250	50	300		
Rural	100	100	200		
Total	350	150	500		

Chi-Square Calculation:

 $\chi 2 = \sum (O-E) 2E \cdot chi^2 = \sum (O-E)^2 \{E\} \chi 2 = \sum E(O-E)^2$

Where:

- OOO is the observed frequency.
- EEE is the expected frequency.
- Chi-Square Value: 87.5, p-value: < 0.001

The p-value is below 0.05, signifying a substantial correlation between policy awareness, and region. Women in metropolitan regions are more likely to be cognizant of gender-sensitive policy in STEM compared to their rural counterparts.

Conclusion of Quantitative Analysis:

The quantitative analysis verifies that educational measures, including scholarships, mentorship initiatives, and genderneutral curricula, substantially influence female engagement in STEM disciplines. The chi-square test indicates that disparities in policy awareness exist regionally, with urban women exhibiting greater understanding than their rural counterparts. The findings indicate that specific interventions are necessary to enhance policy awareness and efficacy, especially in rural regions.

This approach offers a robust empirical basis for assessing the efficacy of educational initiatives in diminishing the gender disparity in STEM disciplines.

6.4. Graphical representation

• Bar Chart: Gender Demographics in STEM Disciplines Illustrates the allocation of participation among several STEM disciplines.



Fig 1: Gender Distribution in STEM Fields

• Pie Chart: Regional Distribution of Participants Displays the regional breakdown (urban vs. rural) of the participants.



Fig 2: Regional Distribution of Participants

• Line Graph: Impact of Educational Policies on Female Participation in STEM Illustrates how different policies (scholarships, mentorship, gender-neutral curriculum) affect female participation in STEM.



Fig 3: Impact of Educational Policies on Female Participation in STEM

• Bar Chart: Policy Awareness by Region (Urban vs. Rural) Shows the awareness of policies by urban, and rural participants.



Fig 4: Policy Awareness by Region

• Histogram: Female Participation in STEM by Age Group Represents the number of female participants.



Fig 5: Female Participation in STEM by Age Group

• Scatter Plot: Policy Implementation vs. Female Participation in STEM Shows the relationship between the impact of various policies, and female participation in STEM.



Fig 6: Policy Implementation vs. Female Participation in STEM

VII. RESULTS OF THE STUDY

The analysis of qualitative, and quantitative data yielded the following principal results regarding the impact of educational strategies on reducing the gender gap in STEM fields:

- 7.1. Gender Bias in STEM:
 - A considerable proportion of respondents (15 replies) indicated encountering gender bias in STEM education, and professions. This bias was especially pronounced in male-dominated STEM disciplines such as engineering, and computer science.
 - The urban area exhibited a greater incidence of gender bias, with 12 responses, in contrast to the rural area, which had 8 responses. This indicates that although gender bias is present in all locations, it is more prevalent in metropolitan areas where the STEM sector is more advanced.

7.2. Policy Awareness:

- Participants from the urban region (300 responses) exhibited much more awareness of policies designed to promote gender equality in STEM, including scholarships, and mentorship programs, than their rural counterparts (200 responses).
- This suggests that educational programs are conveyed, and executed more effectively in urban regions, while awareness in rural areas is still limited.
- 7.3. Role Models and Support in STEM:
 - Role models in STEM disciplines were essential in inspiring female participants, particularly in metropolitan areas (10 answers). Individuals with female mentors or professors had greater confidence in their STEM careers.
 - Support in STEM, encompassing mentorship programs, and resource availability, was more commonly indicated by urban participants (15 responses) than by rural participants (5 responses), underscoring the regional discrepancy in resources.

7.4. Cultural Barriers:

• Cultural obstacles were seen as a significant obstacle in rural areas, with six answers indicating that traditional gender norms dissuaded females from engaging in STEM education. Conversely, metropolitan regions exhibited diminished cultural hostility to women's participation in STEM disciplines.

7.5. Impact of Educational Policies:

- Policies including gender-neutral curricula, scholarships, and female-centric STEM camps were regarded as successful mechanisms for enhancing female participation in STEM fields. The survey revealed that 12 participants acknowledged the beneficial impact of these policies on their STEM education.
- Nevertheless, a significant disparity existed in the efficacy of these measures among regions. Urban participants indicated greater positive outcomes, whereas rural participants exhibited diminished acknowledgment of the benefits of these programs, highlighting the necessity for improved implementation in rural regions.

VIII. DISCUSSION

This study elucidates the crucial impact of educational policies on narrowing the gender gap in STEM disciplines, while simultaneously underscoring the variations in the efficacy of these policies between urban, and rural areas. This discourse seeks to analyze the results within the framework of current research, and their ramifications for forthcoming policy, and practice.

8.1. Gender Bias in STEM

The study's principal finding is the prevalence of gender prejudice in STEM disciplines. The elevated incidence of gender prejudice responses among urban participants indicates that, although the implementation of regulations promoting gender equality, biases continue to endure in the more competitive and advanced STEM areas. This corresponds with prior studies indicating that gender bias is entrenched in STEM, frequently evident through nuanced manifestations such as prejudiced pedagogical methods, insufficient female role models, and discriminatory hiring practices (Moss-Racusin et al., 2012).

Notably, the lower incidence of gender bias reports in rural areas may suggest an alternative barrier, such as cultural resistance, rather than a complete absence of bias. In rural areas, conventional gender roles frequently dissuade women from engaging in STEM careers. Prior research has shown that cultural norms, and expectations in rural regions can restrict women's professional options, particularly in sectors regarded as male-dominated (Sonnert et al., 2012).

8.2. Policy Awareness

The notable disparity in policy understanding between urban, and rural locations indicates that although policies exist to encourage women in STEM, their visibility, and accessibility are constrained in rural regions. Urban participants shown a higher propensity to acknowledge policies including scholarships, mentorship initiatives, and gender-neutral curricula. This substantiates the idea that urban areas gain from enhanced educational infrastructure, and effective policy communication (Sullivan et al., 2020).

In rural regions, participant's diminished knowledge may be ascribed to restricted access to information, a paucity of policy implementation initiatives, and infrequent involvement in educational changes. The deficiency in policy awareness may impede rural students' capacity to capitalize on possibilities that facilitate their entry into STEM fields. Consequently, policymakers must prioritize enhancing communication, and execution in rural regions to guarantee equitable access to resources.

8.3. Impact of Educational Policies

Educational initiatives, like gender-neutral curricula, and scholarships designed to assist female students, have demonstrated beneficial outcomes in metropolitan areas, as indicated by the increased awareness, and support for these policies in such places. The minimal effect in rural areas indicates that programs must be customized to address the unique requirements of these communities. This may involve enhancing information regarding current rules, offering rural-specific scholarships, and mentorship initiatives, and developing more localized STEM outreach programs.

In conclusion, whereas educational initiatives targeting the gender gap in STEM have demonstrated favorable outcomes in metropolitan areas, considerable efforts are necessary in rural locations. This study's findings underscore the necessity for policymakers to tackle regional inequities, and guarantee that policies are accessible, effective, and attuned to local cultural contexts. By doing so, we can establish a more inclusive, and fair STEM environment for all women, irrespective of their geographical location.

IX. LIMITATIONS

• Sample Size and Diversity:

The study utilized a restricted sample size, which may not adequately reflect the varied experiences of women across distinct locations, socioeconomic strata, or STEM fields. The sample was obtained from a particular group of participants, hence the results may not be applicable to all women in STEM, particularly those from diverse nations or educational systems.

• Geographical Focus:

The study concentrated predominantly on urban, and rural regions within a specific country or territory, perhaps constraining the generalizability of the findings to wider global contexts. Policies, cultural attitudes, and educational frameworks in various regions or countries may vary considerably, necessitating further research to investigate these aspects across diverse geographical contexts.

• Self-Reported Data:

The study primarily focused on urban, and rural areas inside a particular country or territory, perhaps limiting the applicability of the findings to broader global contexts. Policies, cultural attitudes, and educational frameworks differ significantly across regions, and countries, requiring additional research to examine these factors in varied geographical situations.

• Limited Longitudinal Analysis:

This study provides an overview of the present state of gender disparities in STEM; however, it does not assess the long-term effects of educational policies or the progression of gender inequalities over time. A longitudinal study could provide more insight into how these policies affect women in STEM throughout their educational, and professional careers.

• Focus on Educational Policies:

The study concentrated on the role of educational policy in narrowing the gender gap in STEM but did not thoroughly investigate other possible causes, like employment discrimination, societal views, or individual motives. A holistic approach that includes elements outside educational policies would yield a more thorough picture of the hurdles, and opportunities encountered by women in STEM.

X. CONCLUSION

This study examined the role of educational policy on narrowing the gender gap in STEM fields, emphasizing the disparities between urban, and rural areas. The data reveal that whereas educational programs designed to advance gender equality in STEM have yielded favorable outcomes in urban areas, substantial deficiencies in awareness, implementation, and support persist in rural locations. These discrepancies underscore the necessity for tailored interventions to guarantee that policies effectively reach all women, irrespective of their geographical location.

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